# National Association of Area Agencies on Aging 2007 Aging Network Survey



## PREPARING THE AGING NETWORK FOR CHOICES FOR INDEPENDENCE





#### TITLE VI SURVEY RESULTS

## **Scripps Gerontology Center**

Kathryn B. McGrew, Suzanne Kunkel, Abbe Lackmeyer, & Jane K. Straker July 2008

#### Background

With a grant from the Administration on Aging (AoA), the National Association of Area Agencies on Aging (n4a) partnered with Scripps Gerontology Center to conduct the 2007 Aging Network Survey of all Title VI Native American programs and Area Agencies on Aging in the nation. The survey was designed to assess Title VI and AAA involvement in services and programs consistent with AoA's Choices for Independence (Choices). As part of the 2006 reauthorization of the Older Americans Act (OAA), Choices seeks to modernize the current long-term care system using the following principles:

- Helping elders to remain in their homes by providing home and community-based long-term care services;
- Helping elders to stay healthy and active by promoting healthy activities and trying to prevent and/or manage disease:
- Helping elders get access to home and community-based services; and
- Helping Title VI programs and AAAs to develop and implement systems for providing community long-term care.

Structured around these principles, the survey was launched in August 2007 to all Title VI programs (AAAs received the survey in June 2007). Data collection concluded in March 2008 with nearly 86% of Title VI programs responding. This survey brief provides key findings as they relate to four topics: Current Status of Title VI Aging Network, Involvement in *Choices* Related Activities, Challenges, and Training and Technical Assistance Needs.

## Current Status of Title VI Aging Network

## **Organizational Capacity**

There was a great deal of variability in budget and client numbers that skewed the data and made the overall average very high. Average budget and average number of clients served are strongly affected by several very large organizations, so the median number is more telling of the status of the Title VI aging network. Half of the Title VI programs have a budget of \$143,190 or less, half receive 95% or more of their budget from OAA (Title VI) funding and half serve 150 clients or fewer.

Budget

Average (mean)- \$756,302 50th percentile (median)- \$143,190 Range- \$73,620-\$77.2 million

Percent of budget from OAA

Average (mean)- 74 50th percentile (median)- 95 Range- 3-100

Clients served

Average (mean)- 277 50th percentile (median)- 150 Range- 38-2500

Average (mean) # of employed staff
Full time- 4

Part time- 3

• Length of current director's tenure Average (mean)- 7.6 years

#### Area Served

Title VI services are provided to American Indian and Alaska Native elders who are members of federally recognized Tribes and are living on or near reservations, former reservations in Oklahoma or Alaska Native villages or Native Hawaiian elders living in Hawaii. These areas are predominantly located in rural, remote or frontier areas.

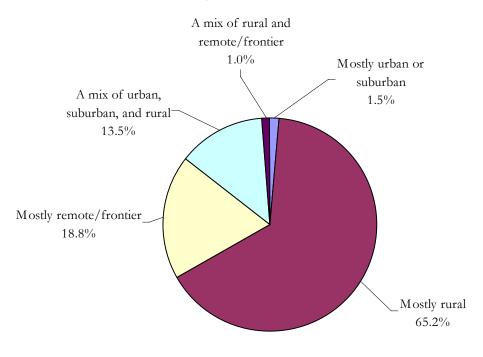


Figure 1: Area Served

#### **Funding**

Participants were asked to indicate which funding sources they use in addition to OAA funding. As shown in Figure 2, the most common sources of funding are other tribal funding and the Indian Health Service. The next most common funding sources are Title III and state funds. These funds may come directly to the Title VI program or, more commonly, the Title VI program may coordinate with the other programs that then provide the service.

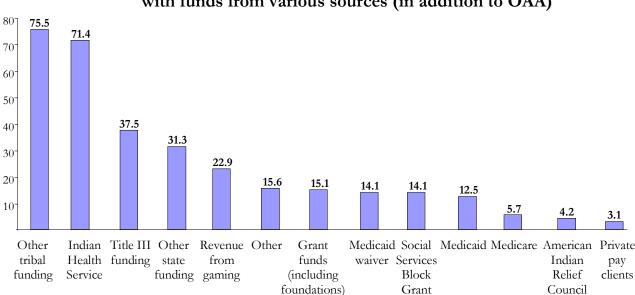
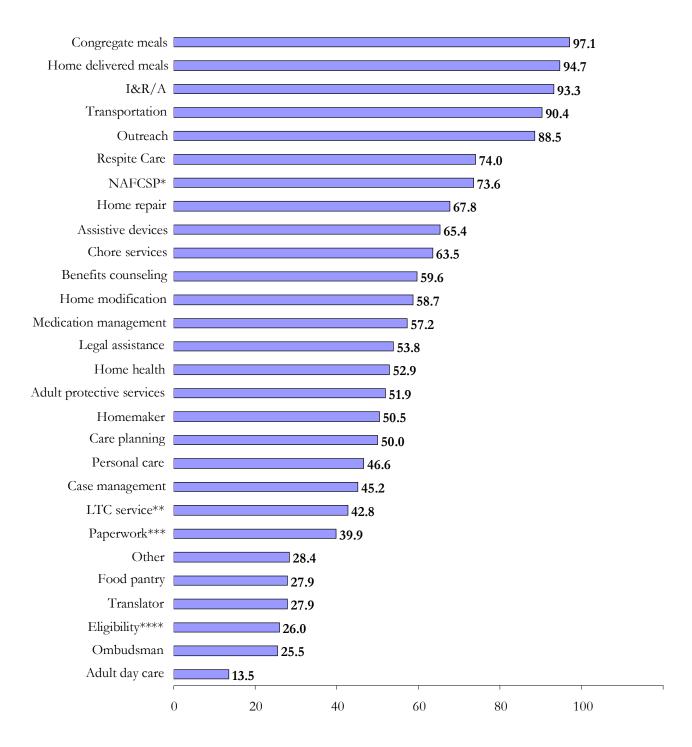


Figure 2: Proportion of Title VI organizations with funds from various sources (in addition to OAA)

#### Services

Participants were asked to identify which services (out of a list of 28) they provide either directly or through coordination within tribal or other services. The majority of Title VI programs work with their Tribes to provide a wide range of services that support elders to live at home in their communities. Figure 3 shows the proportion of Title VI programs that offer or help coordinate any of the services listed.

Figure 3: Proportion of Title VI organizations that offer or help coordinate select services



<sup>\*</sup> Native American Family Care Support Program

<sup>\*\*</sup> Assessment for long-term care service eligibility

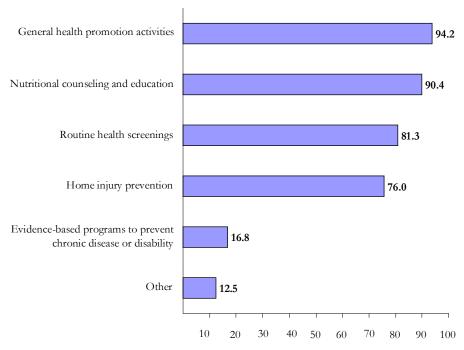
<sup>\*\*\*</sup> Paperwork and money management services

<sup>\*\*\*\*</sup> Official eligibility determinations for public programs

#### Disease Prevention and Health Promotion Services

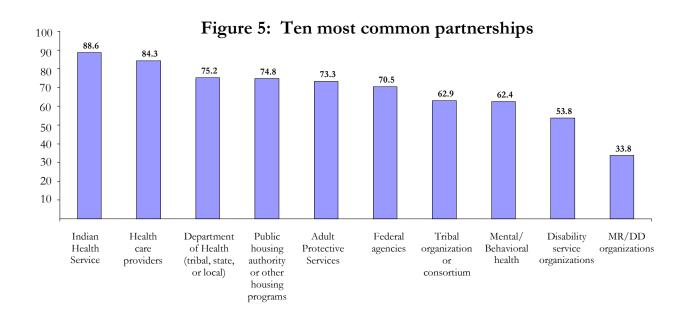
Participants were asked to identify which of six disease prevention and health promotion services and programs they provide, and whether those services were provided with OAA funding and/or other funding. Figure 4 shows the proportion of agencies that provide disease prevention/management and health promotion services or programs. The most common source of funding for these activities (other than OAA funds) is the Indian Health Service.

Figure 4: Proportion of Title VI organizations that provide disease prevention and health promotion services or programs



#### **Partnerships**

Participants were asked to identify which partnerships (out of a list of 20) they maintain with federal, state and local organizations. The ten most common partnerships (either formal or informal) are shown in Figure 5.

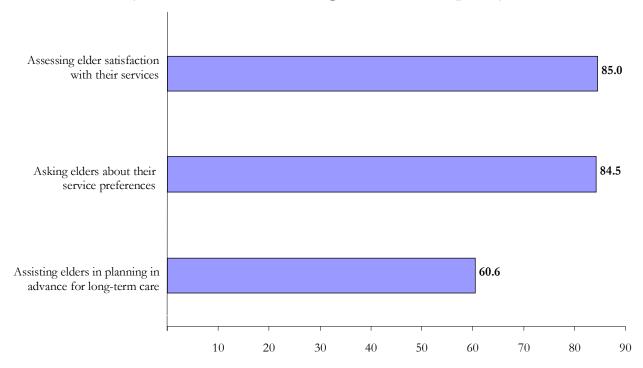


#### **Involvement in Choices-Related Activities**

Participants were asked to rate their level of progress on a set of questions related to the principles of: helping elders to remain in their homes by providing community-based long-term care services, helping elders to stay healthy and active by promoting healthy activities and trying to prevent disease, helping elders get access to home and community-based services, and developing and implementing community long-term care systems. The responses included: 'Have this in place,' 'Have made progress,' 'Plan to work on this but have not begun,' 'Would like to work on this but cannot,' or 'Do not plan to work on this.' Figure 6 shows those activities with the highest level of involvement in helping elders to remain in their own homes. Figures 7 and 8 show items of most and least involvement in helping elders get access to home and community-based services and Figures 9 and 10 show items of most and least involvement in organizational capacity for long-term care.

## Helping Elders to Remain in Their Own Homes

Figure 6: Activities with the highest level of involvement of Title VI programs (Percent that are working on or have in place)



## Helping Elders get Access to Home and Community-Based Services

Figure 7: Activities with the highest level of involvement of Title VI programs (Percent that are working on or have in place)

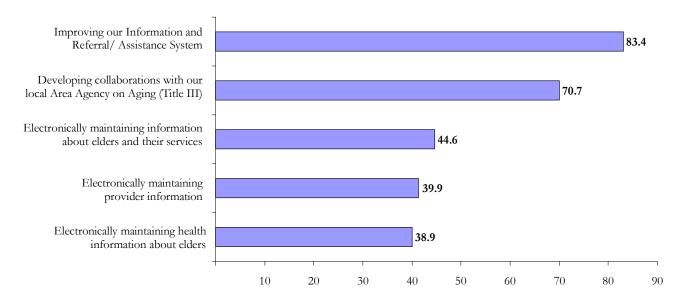


Figure 8: Activities with the least involvement of Title VI programs (Percent that do not plan to work on or would like to work on but cannot)

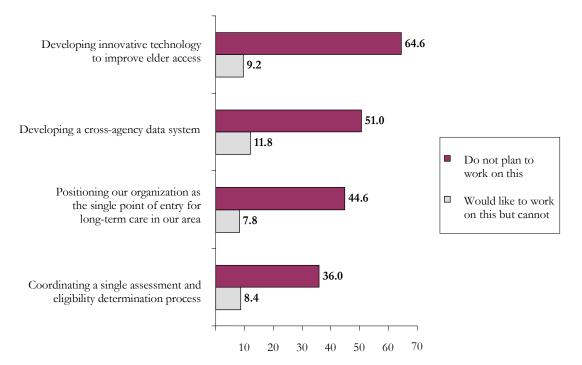
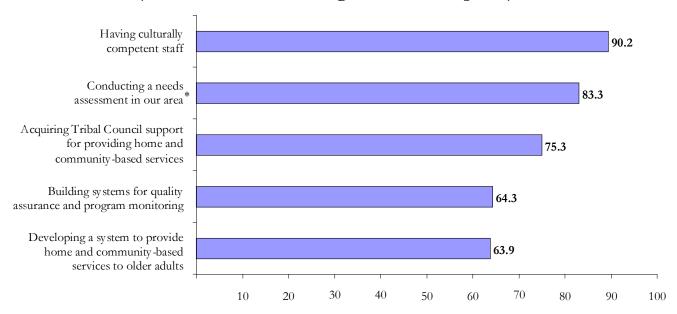
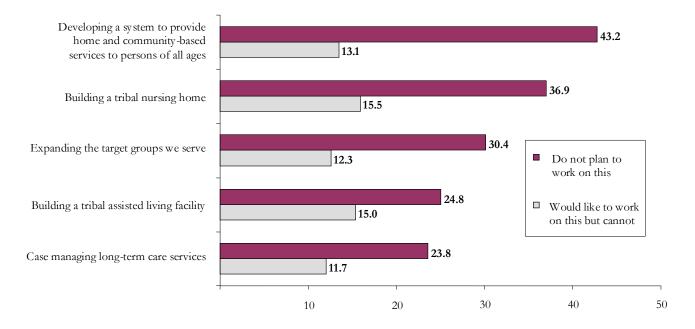


Figure 9: Activities with the highest level of involvement of Title VI programs (Percent that are working on or have in place)



\*One-hundred percent of Title VI grantees conduct a needs assessment every three years as a requirement for OAA funding. The 83% response is a reflection of the timing of the survey.

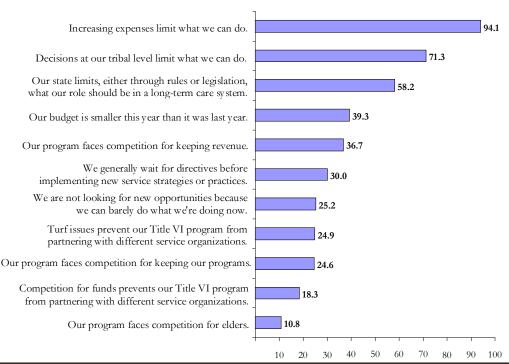
Figure 10: Activities with the least involvement of Title VI programs (Percent that do not plan to work on or would like to work on but cannot)



## Challenges

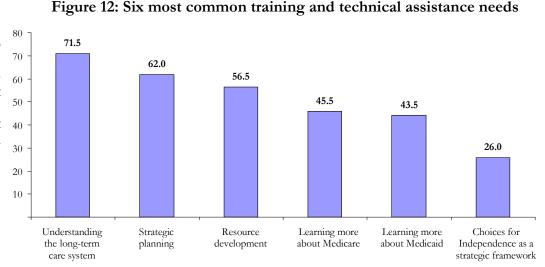
Participants were asked to indicate their agreement or disagreement with statements pertaining to barriers, challenges and fiscal threats that may be facing their organization. Figure 11 shows the proportion of agencies that agree or strongly agree with select statements.

Figure 11: Challenges (Percent that agree or strongly agree with the following items)



## Training and Technical Assistance Needs

Participants were asked to identify six (out of a list of 16) technical assistance or training topics that would be most useful for their organization. Figure 12 shows the six most needed training and technical assistance topics.



scripps@muohio.edu (513) 529 2914 www.scrippsaging.org 396 Upham Hall, Miami University, Oxford, Ohio 45056

To print/download this brief report go to: http://www.scripps.muohio.edu/research/publications/documents/TitleVISummary.pdf or www.n4a.org

For other Scripps reports go to: http://www.scripps.muohio.edu/research/Publications.html



Funding for this document was made possible (in part) by grant 90AM3126 from the Administration on Aging. The views expressed in these materials do not necessarily reflect the official policies of the Department of Health and Human Services, or represent official Administration on Aging policy.